

	<b>FOOTBALL RULES COMPARISON SHEET</b>			
	<b>6U</b>	<b>8U</b>	<b>10U</b>	<b>12U</b>
<b>Age Alignment</b>	5-6 yr olds	7-8 yr olds	9-10 yr olds	11-12 yr olds
<b>Game Time</b>	45-minute games	Two 15-minute halves w/running clock	Game consist of (4) 8 minute quarters	Game consist of (4) 8 minute quarters
<b>Running Clock</b>	running clock	Running Clock until last 3 minutes of ea. half	Clock will be stopped in accordance w/NCHSF	Clock will be stopped in accordance w/NCHSF
<b>Player Participation</b>	as much as possible	1 play per half	1 play per quarter	1 play per quarter
<b>Conditioning</b>	N/A	N/A	Day 1-2 helmets only. Day 3-4-5 helmet/shoulder pads. Day 6 full uniform/contact	Day 1-2 helmets only. Day 3-4-5 helmet/shoulder pads. Day 6 full uniform/contact
<b>Mouthpiece</b>	Mandatory	Mandatory	Mandatory	Mandatory
<b>Number of Coaches</b>	4	4	4	4
<b>Field Size</b>	40 yards	80 yards	100 yards	100 yards
<b>Half Time</b>	N/A	10 min	10 min	10 min
<b>Ball Size</b>	Wilson K-2	Wilson K-2	Wilson TDJ	Wilson TDJ
<b>Won/Loss Records Kept</b>	No	No	Yes	Yes
<b>Number of Games/Week</b>	Normally One	Normally One	Normally One Until Tournament Play	Normally One Until Tournament Play
<b>Number of Games/Season</b>	Typically 7	Typically 7	Typically 7	Typically 7
<b>Season Begins</b>	September 10, 2016	September 10, 2016	September 10, 2016	September 10, 2016